



Charles Water Karate & Fitness

122 Hillside Avenue
Williston Park, NY 11596

(Website) www.charleswaterkarate.com

"We Prepare You for Life!"

(516-742-1770)



In session 1/31/2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ktot Kids 4½ - 7 yrs. White - Green 4:00 - 4:50	Youth 7 - 12 yrs White - Green Blue - Black 4:00 - 4:50	Ktot Kids 4½ - 7 yrs. White - Green 4:00 - 4:50	Youth 7 - 12 yrs White - Green Blue - Black 4:00 - 4:50	Ktot Kids/Youth 4 ½ - 12 yrs White - Green Blue - Black 4:00 - 4:50	Ktot Kids 4½ - 7 yrs. White - Green 10:00 - 10:50
Warrior Club 5:00 - 5:50	Ktot Kids 4½ - 7 yrs. White - Green 5:00 - 5:50	Youth 7 - 12 yrs Blue - Black 5:00 - 5:50	Warrior Club 5:00 - 5:50	Youth 7 - 12 yrs White - Green Blue - Black 5:00 - 5:50	Youth All Belt 7 - 12 yrs. 11:00 - 11:50 12:00 - 12:50
Youth 7 - 12 yrs White - Green Blue - Black 6:00 - 6:50	Youth 7 - 12 yrs All Belt 6:00 - 6:50	Youth 7 - 12 yrs White - Green Blue - Black 6:00 - 6:50	LEADERSHIP CLUB 6:00 - 6:50		Adult/Teen 12 & Up 12:00 - 12:50 1:00 - 1:50
Adult/Teen All Belt 12 - Up 6:00 - 6:50 7:00 - 7:50	Adult/Teen All Belt 12 - Up 6:00 - 6:50 7:00 - 7:50	Adult/Teen All Belt 12 - Up 6:00 - 6:50 7:00 - 7:50	Adult/Teen All Belt 12 - Up 7:00 - 7:50		