

7 LEADERSHIP CLUB habits

Name: _____ Month: _____

Four or more out of seven qualifies you for lightning bolts.

Follow through on all commitments. Be proactive. Take the initiative...make sure that your decisions determine your effectiveness in life.

Live life with honesty. Stay consistent with your family values...Be the best son or daughter possible. Become the child of your parent's dreams.

Refuse to live life in overwhelm. Prioritize tasks and stay present level focused. Stay in the moment. Learn to embrace challenges. There are no mistakes only learning experiences.

Be positive. Think win win... In the midst of challenges find and seek out the magical moments of life that create a favorable situation for all. Stand guard at the door to your mind. Only allow thoughts that move you towards success.

Develop great listening skills...listen with the intent to understand instead of respond.

Be a great friend. Inspire those around you to greatness. Take the best character traits from your friends then challenge them to raise their standards.

Commit to physical and mental fitness...scheduled physical fitness workouts. Eat right, think right, do right and get enough sleep.

The Kwan Jang Nim's daily habits and values that he
lives his life by...

Be loving
Be happy
Be cheerful
Be fun
Be creative
Be grateful
Be intelligent
Be healthy